

When you need medical attention, should you visit your primary care physician, an urgent care center, or a retail clinic? Each facility is geared toward certain types of medical care, though some issues may overlap among each.

Doctor's Office. A primary care medical office is intended to provide preventative and ongoing care. That said, their hours are usually limited compared to retail clinics and urgent care centers.

Urgent Care Center. Urgent care centers provide a more convenient and affordable alternative to hospital ERs, and more advanced services and longer hours of availability compared to a typical doctor's office.

Retail Clinic. These medical clinics are conveniently located within retail stores and supermarkets. They are usually staffed by physician assistants or nurse practitioners and typically cost less than a traditional doctor's visit.

Here are some common services offered at each of the following care settings to help you determine where to go when you have a medical need.

Doctor's Office	Urgent Care Center	Retail Clinic
Doctor's Office Vaccinations Physicals Check-ups Screenings Blood work Disease management Referrals to specialists	Urgent Care CenterX-RaysCastingStitchesSprainsAllergiesAsthmaCold and flu symptomsBladder issuesJoint painBlood pressure problemsHeadachesAbdominal painSinus issuesAbscessesMinor cuts	Retail ClinicCold and flu symptoms, such as sore throat, fever, coughEaraches and infectionsSprains, strains, and sim- ple fracturesPink eyeMinor cutsMinor burnsNon-serious allergic reactionsRashesInsect bitesVomiting and diarrheaUrinary tract infections
	Minor burns	

UHSM offers its members an affordable way to manage healthcare costs that encompasses care offered in many different care settings. Explore our program options today and learn why over one million Americans have already chosen to <u>share the health</u>.





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